

**Thank you** to our generous donors who make it possible to bring hope and healing to Tulsa's children and families.

# **BOARD OF DIRECTORS**

Stacey Deavenport, President - Community Volunteer Janice Harris, Vice President - Community Service Council/211EOK Anne Ghostbear, Secretary - Southern Nazarene University Jennifer Howell, Treasurer - Arvest Betty Higgins - Care Animal Hospital Donnita House - United Way



"When my baby cousin was born into DHS custody, my husband and I wanted to help give her a bright future. We realized we needed counseling. A friend who works in foster care recommended Family Hope House (FHH), and I am so glad she did. We were given next steps specific to our situation, including hiring an attorney and getting guardianship of our girl, so that we could get her in with FHH's infant mental health specialist, who ensured and facilitated bonding with our precious baby girl. Our therapist also helped us work through our own childhood traumas to parent our new little one well and minimize bringing our own trauma into the equation. FHH helped us navigate every single aspect of intra-family/kinship foster care and adoption with strength and grace, and I cannot imagine our adoption story without the incredible professionals at FHH."

FAMILY hope HOUSE

# **ANNUAL REPORT 2020**





Empowering children and families to achieve their fullest potential for connection through therapy, education and advocacy. Our vision is that every child will belong to a connected and safe family, and children who have experienced trauma can thrive. We strive to make this vision a reality in each of our programs.

### THERAPY

We provide specialty therapeutic services that bring hope and healing to the adoptive, foster and guardianship populations throughout the lifespan. Our services bring deep and lasting healing from traumatic experiences and nurture strong attachments within families, growing resilience for each member of the family.



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6,457	384	220
hours of	clients	households
therapy	served	impacted

Families engaging in therapy services are formed in a myriad of ways.

**43%** are formed by adoption

**14%** are foster families

**13%** are formed by guardianship

## EDUCATION

We provide parenting education and support utilizing strategies that are trauma-informed and attachment sensitive to increase parental competency and satisfaction for foster, adoptive and guardianship parents.

Our parent and caregiver education is offered both in person and online and more than 60% was offered completely free of charge.



**47** training hours

251 parents/caregivers served

#### Research-based training models include:

Trust Based Relational Intervention Circle of Security Training for Adoption Competency



Learn more about our organization and programs on our website.

www.FamilyHopeHouse.org

## ADVOCACY

We launched our new Family Advocacy Program in Q4! This program creates hope inducing partnerships between families and our team of family advocates to strengthen and empower adoptive and resource families to achieve their fullest potential. This unique program will make it possible for families to overcome their unique challenges by sharing the work and providing pathways to make lasting change!



# COMMUNITY NEED

Adoptive parents have reported that their greatest unmet need is finding mental health professionals who understand adoption. (Brodzinsky,2013; Smith, Howard, Garnier, & Ryan, 2006)

In Oklahoma, OKDHS reports 1,855 finalized adoptions in SFY2020 and serving over 20,000 post adoptive children throughout the state. This communicates a *huge* need in our state. Family Hope House is proud to be the answer.

#### Family Hope House served over 635 children and adults in 2020 in at least one of our intervention programs.